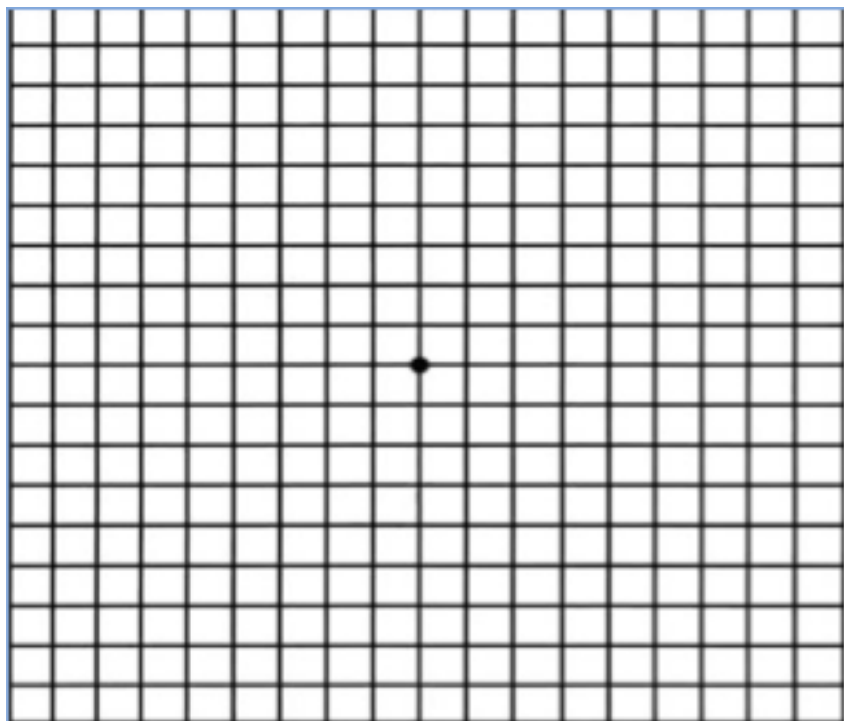


Amsler Grid



Instructions for proper use:

- Test your eyes under good lighting used for reading, holding the grid at approx. 12-14 inches from eyes.
- Wear eye glasses you normally wear for reading.
- Test each eye separately: cup your hand over one eye while testing the other eye.
- Keep your eye focused on the dot in the center of the grid and answer these questions:
 - Do any of the lines in the grid appear wavy, blurred or distorted?
 - Do all the boxes in the grid look square and the same size?
 - Are there any "holes" (missing areas) or dark areas in the grid?
 - Can you see all corners and sides of the grid (while keeping your eye on the central dot)?
- Switch to the other eye and repeat the steps above.

IMPORTANT — Promptly report any irregularities to your eye doctor immediately. Mark areas of the Amsler grid that you are not seeing properly (print two grids if you notice problems in each eye), and bring the grid(s) with you when you visit your ophthalmologist.